



Carshalton Family Hub Programme

4th January - 1st April 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tweeddale Children's Centre Tweeddale Road, Carshalton, SM5 1SW Tel: 020 8770 5801 Email: tweeddalecc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly marked on the programme.</p>	<p>Little Communicators 1:30pm - 2:30pm 18 mth-2 ½ years 5 weeks course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session. Starting date: 21.02.2022</p> <p>Baby & Me 2:00pm - 3:30pm 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session. Starting date: 10.01.2022</p>	<p>Story, Music & Rhyme 10:00am - 10:30am walkers Story, singing and rhyme time for families.</p> <p>Bumps & Babies 2:00pm - 3:30pm bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p> <p>Introducing solids workshop 2nd Tuesday of every month from 1:30 - 2:30. To book please contact the Health Visiting team on 020 8770 5409</p>	<p>Stay & Play 10:00am - 11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p> <p>Story, Music & Rhyme 10:00am - 10:30am 0-2 years Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT The Circle Library 424 Green Wrythe Lane, Carshalton, SM5 1JJ</p>	<p>Cooking with us 10:00am - 11:00am 2-5 years A 3 week course helping families make healthy cost effective meals together.</p> <p>You can arrange to meet an Independent Domestic Abuse Advisor (IDVA) at a convenient time in any of our Children's Centres. Call 020 8092 7569 to book an appointment.</p>	<p>Stay & Play 10:00am - 11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: The Grange Beddington Park, London Road, Wallington, SM6 7BT</p> <p>Bumps & Babies 2:00pm - 3:30pm bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p>

Please remember to book the Children's Centre sessions using this QR code



Please note that the Tuesday and Thursday sessions at Tweeddale Children's Centre will not run during February half term (14th-18th February)

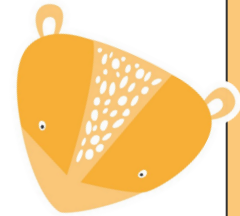


Central Sutton Family Hub Programme

4th January - 1st April 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thomas Wall Children's Centre 69 Western Road, Sutton, SM1 2TF Tel: 020 8770 5875 Email: thomaswallcc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres. to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly mark on the programme.</p>	<p>Little Communicators 10:00am - 11:00am 18 mth-2 ½ years 5 week course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills.Please call the centre to book this session. Starting date: 10.01.22</p> <p>Baby & Me 10:00am - 11:30am 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session. Starting date: 21.02.2022</p>	<p>Stay & Play 10:00am - 11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p> <p>You can arrange to meet an Independent Domestic Abuse Advisor (IDVA) at a convenient time in any of our Children's Centres. Call 020 8092 7569 to book an appointment.</p>	<p>Story, Music & Rhyme 10:00am - 10:30am pre-walkers 11:00am - 11:30am walkers Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT: St Nicholas Centre 3rd Floor, 3 St Nicholas Way, Sutton, SM1 1AY</p>	<p>Bumps & Babies 10:00am - 11:30am bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p> <p>Young parents Coffee, Chill & Chat 1:00pm - 2:00pm 0-5 years A fun and relaxed space for parents under the age of 21 to socialise with other young parents with babies and children of similar ages. Tea, coffee and a healthy snack provided</p> <p>Introducing Solids workshop 4th Thursday of every month from 11:30 - 12:30. To book please contact the Health Visiting team on 020 8770 5409</p>	<p>Mini Explorers 10:00am - 11:30am 12 mth-24 mth Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p>



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Cheam and South Sutton Family Hub Programme

4th January - 1st April 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Green Oak Children's Centre 671 London Road, Cheam, SM3 9DL Tel: 020 8770 5787 Email: greenoakcc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres. to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly mark on the programme.</p>	<p>Mini Explorers 10:00am - 11:30am 12 mth-24 mth Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p> <p>Stay & Play 10:00am - 11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: Shanklin Children's Centre 25 Rookley Close, Sutton, SM2 6TT</p> <p>Cook with us 2:00pm - 3:30pm 2-5 years A 3 week course helping families make healthy cost effective meals together.</p> <p>Introducing solids Workshop First Monday of every month. To book please contact the Health Visiting team on 020 8770 5409</p>	<p>Story, Music & Rhyme pre-walkers 10:00am-10:30am walkers 11:00am-11:30am Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT: Cheam Library Church Rd, Cheam, Sutton SM3 8QH</p> <p>Big Communicators 2:00pm - 3:00pm 2 ½ -5 years 5 weeks course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session. Starting date: 10.01.22</p>	<p>Baby & Me 11:00am - 12:30pm 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session. THIS SESSION IS BEING HELD AT: Cheam Library Church Rd, Cheam, Sutton SM3 8QH Starting Date: 19.01.2022 02.03.2222</p> <p>You can arrange to meet an Independent Domestic Abuse Advisor (IDVA) at a convenient time in any of our Children's Centres. Call 020 8092 7569 to book an appointment.</p>	<p>Stay & Play 2:00pm - 3:30pm 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p>	<p>Bumps & Babies 2:00pm - 3:30pm bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p>

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Wallington Family Hub Programme

4th January - 1st April 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Amy Johnson Children's Centre Brabazon Avenue, Wallington, SM6 9ET Tel: 020 8770 5910 Email: amyjohnsoncc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres. to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly mark on the programme.</p>	<p>Big Communicators 10:00am - 11:00am 2 ½-5 years 5 weeks course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session. Starting date: 21.02.2022</p> <p>Mini Explorers 2:00pm - 3.30pm 12 mth-24 mth Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p>	<p>Stay & Play 2:00pm - 3:30pm 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p> <p>Introducing Solids workshop 3rd Tuesday of every month. To book please contact the Health Visiting team on 020 8770 5409</p>	<p>Story, Music & Rhyme 10:00am - 10:45am 0-5 years Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT The Library @ The Phoenix Centre Mollison Drive, Roundshaw, Wallington, SM6 9NZ</p> <p>Register a Birth appointment only 9:30am to 3:30pm To register the birth of your new baby please book your appointment at www.sutton.gov.uk please note only babies born within the London Borough of Sutton at home or in St Helier Hospital can be registered here.</p>	<p>Baby & Me 10:00am - 11:30am 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session. Starting date: 03.02.2022</p> <p>Bumps & Babies 2:00pm - 3:30pm bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p>	<p>Stay & Play 10:00am - 11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: Stanley Park Stanley Park Road, Carshalton, SM5 3JL</p> <p>Stay & Play 10:00am - 11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: The Grange Beddington Park, London Road, Wallington, SM6 7BT</p> <p>Male Carers Stay & Play 13:30pm - 3:00pm 0-5 years Last Friday of every month THIS SESSION IS BEING HELD AT: Stanley Park Stanley Park Road, Carshalton, SM5 3JL</p>

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