




Carshalton Family Hub Summer Programme

19th April 2022 to 22nd July 2022




	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tweeddale Children's Centre Tweeddale Road, Carshalton, SM5 1SW Tel: 020 8770 5801 Email: tweeddalecc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly marked on the programme in RED</p>	<p>Communicators 10:00am-11:00am 18 mth- 5 years</p> <p>6 week course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session.</p> <p>Baby & Me 2:00pm-3:30pm 0-4 mth</p> <p>5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session.</p>	<p>Bumps & Babies 10:00am-11:30am bumps to pre-walkers</p> <p>A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p> <div>Please note, no session on 31st May (Half Term)</div> <div>Please remember to book the Children's Centre sessions using this QR code</div> 	<p>Stay & Play 10:00am-11:30am 0-5 years</p> <p>Lots of fun activities for all children in a safe and welcoming environment.</p> <p>Story, Music & Rhyme 10:00am-10:30am 0-2 years</p> <p>Story, singing and rhyme time for families.</p> <p>THIS SESSION IS AN OUTREACH SESSION HELD AT The Circle Library 424 Green Wrythe Lane, Carshalton, SM51JJ</p>	<p>Cooking with us 10:00am-11:00am 2-5 years</p> <p>A 3 week course helping families make healthy cost effective meals together.</p> <p>Mini Explorers 2:00pm-3:30pm 12 mth-24 mth</p> <p>Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p> <div>You can arrange to meet an Independent Domestic Abuse Advisor (IDVA) at a convenient time in any of our Children's Centres. Call 020 8092 7569 to book an appointment.</div>	<p>Stay & Play 10:00am-11:30am 0-5 years</p> <p>Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: The Grange Beddington Park, London Road, Wallington, SM6 7BT</p> <p>Bumps & Babies 2:00pm-3:30pm bumps to pre-walkers</p> <p>A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p>



Central Sutton Family Hub Programme

19th April 2022 to 22nd July 2022





	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thomas Wall Children's Centre 69 Western Road, Sutton, SM1 2TF Tel: 020 8770 5875 Email: thomaswallcc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly marked on the programme in RED</p>	<p>Mini Explorers 10:00am-11:30am 12 mth-24 mth Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p> <p>Story & Craft 2:00pm-3:00pm 2-5 years Come and join us for a story and some fun craft activities. THIS SESSION IS AN OUTREACH SESSION HELD AT: Sutton Central Library St Nicholas Way, Sutton SM1 1EA</p>	<p>Stay & Play 10:00am-11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p> <p>Please remember to book the Children's Centre sessions using this QR code</p> 	<p>Story, Music & Rhyme 10:00am-10:30am pre-walkers 11:00am-11:30am walkers Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT: St Nicholas Centre 3rd Floor, 3 St Nicholas Way, Sutton, SM1 1AY</p> <p>You can arrange to meet an Independent Domestic Abuse Advisor (IDVA) at a convenient time in any of our Children's Centres. Call 020 8092 7569 to book an appointment.</p>	<p>Bumps & Babies 10:00am-11:30am bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p> <p>Young Parents Coffee, Chill & Chat Parents under the age of 25 1:00pm-2:00pm 0-5years NO BOOKING NEEDED A fun and relaxed space for parents aged 25 and under that have babies and children of similar ages. Tea, coffee & a healthy snack will be provided.</p>	<p>Communicators 10:00am-11:00am 18 mth-5 years 6 week course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session.</p> <p>Baby & Me 12:30pm-2:00pm 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session.</p>



Cheam and South Sutton Family Hub Programme

19th April 2022 to 22nd July 2022




	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Green Oak Children's Centre 671 London Road, Cheam, SM3 9DL Tel: 020 8770 5787 Email: greenoakcc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly marked on the programme in RED</p>	<p>Stay & Play 10:00am-11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: Shanklin Children's Centre 25 Rookley Close, Sutton, SM2 6TT</p> <p>Cook with us 2:00pm-3:00pm 2-5 years A 3 week course helping families make healthy cost effective meals together.</p>	<p>Story, Music & Rhyme pre-walkers 10:00am-10:30am walkers 11:00am-11:30am Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT: Cheam Library Church Rd, Cheam, Sutton SM3 8QH</p> <p>Mini Explorers 2:00pm-3:30pm 12 mth-24 mth Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p>	<p>Baby & Me 10am-11.30am 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session. THIS SESSION IS BEING HELD AT: Cheam Library Church Rd, Cheam, Sutton SM3 8QH</p> <div> <p>You can arrange to meet an Independent Domestic Abuse Advisor (IDVA) at a convenient time in any of our Children's Centres. Call 020 8092 7569 to book an appointment.</p> </div>	<p>Communicators 10:00am-11:00am 18 mth-5 years 6 week course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session. THIS SESSION IS BEING HELD AT: Cheam Library Church Rd, Cheam, Sutton SM3 8QH</p> <p>Stay & Play 2:00pm-3:30pm 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p>	<p>Bumps & Babies 2:00pm-3:30pm bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p> <div> <p>Please remember to book the Children's Centre sessions using this QR code</p>  </div>



Wallington Family Hub Programme

19th April 2022 to 22nd July 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Amy Johnson Children's Centre Brabazon Avenue, Wallington, SM6 9ET Tel: 020 8770 5910 Email: amyjohnsoncc@sutton.gov.uk</p> <p>Covid-19 Update: In order to make sure everyone is kept safe in our Children's Centres we will still be restricting numbers within sessions, this is to ensure that everyone has enough space and stays safe. For this reason we are asking that you only book one session per week across all the centres to allow as many families as possible the chance to attend a session. You may also book one of our Outreach sessions which is clearly marked on the programme in RED</p>	<p>Family Support 9:30am-11:00am NO BOOKING NEEDED Do you need a little extra support, or have a question? Pop in to speak with one of the members of the team. We can help with the following and more: Family support (home visiting and 1-1 advice) parenting support (1-1 and groups) Healthy Start Vitamins (women's vitamins and/or children's vitamin drops) Sutton School uniform Shop Food bank vouchers</p> <p>Mini Explorers 2:00pm-3:30pm 12 mth-24 mth Lots of fun activities, all activities will support your child's development in a safe and welcoming environment.</p>	<p>Communicators 10:00am-11:00am 18 mth-5 years 6 week course. This course is all about communication. We provide tools and play ideas to help you develop your child's understanding & communication skills. Please call the centre to book this session.</p> <p>Coffee, Chill & Chat for parents with children with additional needs 1:30pm-2:30pm 0-5 years Parent led group to provide a safe space to meet other parents. 1st Tuesday of every month THIS SESSION IS BEING HELD AT: Stanley Park Stanley Park Road, Carshalton, SM5 3JL</p> <p>Stay & Play 2:00pm-3:30pm 0-5 years Lots of fun activities for all children in a safe and welcoming environment.</p>	<p>Story, Music & Rhyme 10:00am-10:45am 0-5 years Story, singing and rhyme time for families. THIS SESSION IS AN OUTREACH SESSION HELD AT at Mellows Park Pavilion cafe SM6 9BX</p> <div> <p>Register a Birth appointment only 9:15am-3:00pm To register the birth of your new baby please book your appointment at www.sutton.gov.uk please note only babies born within the London Borough of Sutton at home or in St Helier Hospital can be registered here.</p> </div>	<p>Baby & Me 10:00am-11:30am 0-4 mth 5 week postnatal group for new parents. A small group to meet other new parents and get support and advice in a relaxed and informal setting. Please call the centre to book this session.</p> <p>Bumps & Babies 2:00pm-3:30pm bumps to pre-walkers A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.</p> <div> <p>Please remember to book the Children's Centre sessions using this QR code</p>  </div>	<p>Stay & Play 10:00am-11:30am 0-5 years Lots of fun activities for all children in a safe and welcoming environment. THIS SESSION IS BEING HELD AT: Stanley Park Stanley Park Road, Carshalton, SM5 3JL</p> <p>Infant Feeding Coffee Group 10:00am-12:00pm newborn to pre-movers NO BOOKING NEEDED Come along to meet other mums to talk about any aspect of infant feeding. 'Please note this is a mother led group, you are welcome to bring along a significant female, partner, mother to the group'.</p> <p>Male Carers Stay & Play 13:30pm-3:00pm 0-5 years Last Friday of every month THIS SESSION IS BEING HELD AT: Stanley Park Stanley Park Road, Carshalton, SM5 3JL</p>