

## **Guidance notes for the Education, Health and Care Plan (EHC Plan)**

**This information has been designed to give you some ideas of what you could include in your All about me profile.**

**The information and forms have been developed in consultation with Sutton parents/carers of children and young people with Special Educational Needs and Disabilities.**

**“All about me” is designed to help you tell others about your family and what is important to you. Please include photographs and pictures if you would like to.**

**We recognise that having to repeat information about your child many times, to a range of different professionals can be both time consuming and emotionally draining so have designed these guidance notes to give you some ideas of what you might include. Please ensure that it includes the views, interests and aspirations of the child or young person as it will be used to develop the EHC Plan.**

**Important People in my Life, My Circle of Support and All About Me Ideas: these are visual tools that you could use to help you map out the different kinds of support that your child/young person has around them.**

**“All about me” ideas: this is a visual tool to give you some ideas of what to include in the All about me pages for the EHC Plan.**

## All About Me Ideas



This is me



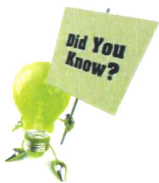
Who I live with



Important people to me



What makes me smile and what makes me sad



Things you need to know



What I like to do

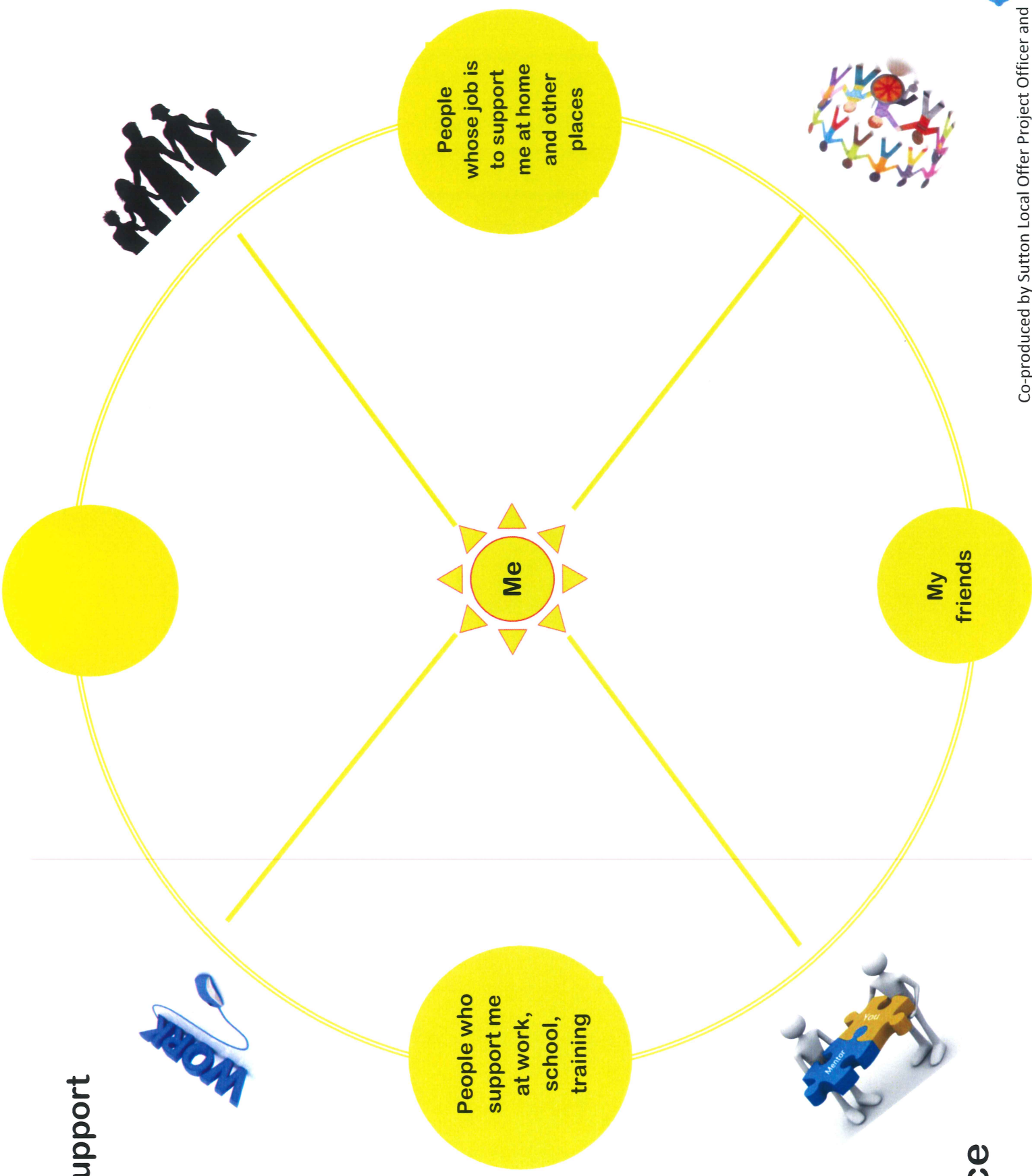


My dream is to



What do people like and appreciate about me

# My circle of support



# 0-25 Service

## All About Me Ideas



This is me



Who I live with



Important people to me



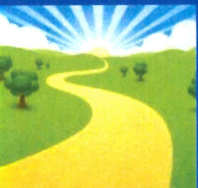
What makes me smile and what makes me sad



Things you need to know



What I like to do

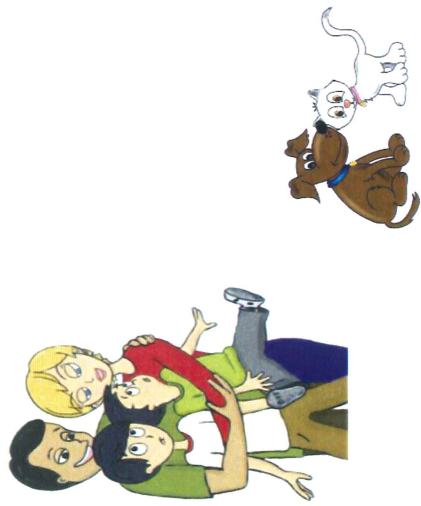
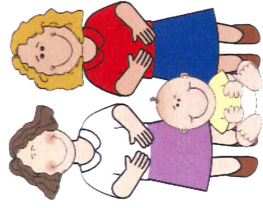
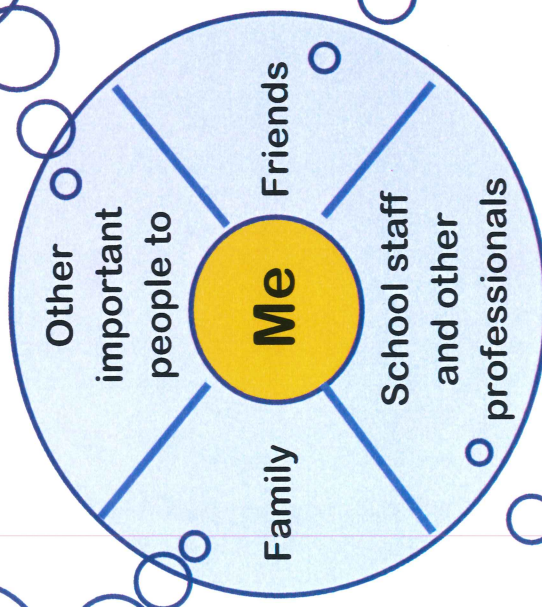
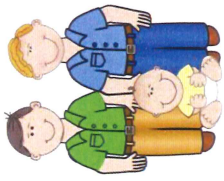


My dream is to



What do people like and appreciate about me

Important people in my life....



Write the names or stick pictures of people in the bubbles.

**Personal Profile – “All about me” (child’s / young person’s name)  
(Guidelines for keyworkers and parents)**

**Section (A)                    The views, interests and aspirations of the child /  
young person and their parents.**

**Background Information (Child’s / young person’s life story so far.....)**

**Lives with:**

- Names of parents / carers and relationship to child / young person / siblings?

**Include:**

- Where and when the child / young person was born
- Developmental milestones
- Other significant family details
- How the child / young person’s needs, diagnosis and medical needs impacts on their learning and every day skills (e.g. social communication, speech and language) if applicable
- Specialist services and support offered to date and pre-schools/schools attended

**All About Me....**

- **Short positive introduction to child / young person**
- **Communicates by:**  
A summary of how to communicate with the child and engage them in decision making?  
Include as necessary verbal / non-verbal communication, e.g. eye-pointing, gestures, signing and speech. Use of objects of reference, Makaton, symbols, PECS etc.
- **Health & Medical needs:**  
For example, asthma, epilepsy, reflux, airway support, medication etc.
- **Vision / Hearing:**  
How it affects their hearing and sight.
- **Drinking / Eating:**  
Including allergies and any dietary and specialist needs (e.g. gastrostomy fed)
- **Physical needs and equipment needed:**  
Equipment: e.g. specialised chair, standing frame, splints, walker, hoist.
- **Self-care and independence:**  
Including personal care if appropriate:
- **Other essential information you need to know about:**  
Including any sensory issues, behaviour and special interests

## Child's / Young Person's Views and Aspirations

How has ..... been involved in writing 'All About Me':

- If written in the first person, the plan should make clear whether the child or young person is being quoted directly or if the views of the parents or professionals are represented and the child's views are being communicated through parents / carers.
- **Things ..... is good at:**
- **Things ..... likes and dislikes and new things ..... would like to try:**
- **What is important to .....:**  
Including who they like to interact with e.g. friendships
- **What people like and admire about ..... (e.g. infectious smile; sociable; good sense of humour etc.)**
- **Any goals and aspirations for the future:**

## Parent's Views and Aspirations

Including:

- **Parents aspirations and goals for the future:**  
For example, to improve communication / interaction with others to improve independence skills, including thoughts about future provision
- **Parents views of child's / young person's special educational needs**

# Personal Profile – “All about me”

## Section A

*Photograph (optional)*

<b>Child's / young person's name</b>	
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<b>Date of Birth</b>	
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<b>'All About Me' has been completed by:</b>	
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<b>Parents/Carers</b>	
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<b>With (keyworker)</b>	
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<b>Date</b>	
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<b>Review date</b>	
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## Background Information and 'All About Me'

**Please attach additional sheets if necessary**

# Continuation Sheet

**Child's / Young Person's Views and Aspirations / Parents Views and Aspirations**

**Child's/Young Person's Views and Aspirations**

**Parent's Views and Aspirations**

**Please attach additional sheets if necessary**

# Continuation Sheet