

## **Physical Abuse**

## Examples of physical abuse can include:

- Hitting, slapping, pushing, kicking, spitting
- Unapproved use of physical restraint or restriction
- Use of force or the threat of force
- Harsh manual handling, including the inappropriate use of hoists
- Misuse of medication.

## Signs and symptoms of physical abuse can include:

- History of unexplained falls or minor injuries especially at different stages of healing
- Unexplained bruising in well-protected areas of the body such as inside of thighs or upper arms, and so on
- Unexplained bruising or injuries of any sort
- Burn marks of unusual type such as burns caused by cigarettes, carpet burns and rope burns
- History of frequent changing of General Practitioners or the General Practitioner not being able to see the vulnerable person
- Storing of medicine which has been prescribed for the person thought to be at risk but not given
- Malnutrition, ulcers, bed sores and being left in wet clothing
- Agencies encounter difficulties in engaging with or being able to see the vulnerable person due to the actions of a third person such as a relative or a carer