



**Summer Timetable**

## Tuesday 27th July

**Keeping Connected** Online chat group **Time**: 5pm

**Thursday 29th July**

# Managing Low Mood

Online workshop

**Time**: 5pm

## Tuesday 3rd August

**Rounders Day Event Venue:** Overton Grange School **Time**: 11am-4pm

**Keeping Connected** Online chat group **Time**: 5pm

## Thursday 5th August

**Managing Anxiety** Online workshop **Time**: 5pm

## Tuesday 10th August

**Keeping Connected & A-Level Support** Telephone support line on 020 8175 6776.

**Time:** 9am-1pm

Online chat support @ 5pm

## Wednesday 11th August

**Start it Right Project** Digital media project (Day 1) **Time**: 10am-4pm

# Helping your child prepare for secondary school

Online workshop for parents

**Time**: 2pm

## Thursday 12th August

**Turf ‘Art Press’** Art workshop **Time:** 10-11.30am

# GCSE Results Day Support

Telephone support line on 020 8175 6776

**Time:** 9am-1pm

## Tuesday 17th August

**Keeping Connected** Online chat group **Time**: 5pm

# Go Wild With Us UK

Outdoor activities at Forest School

**Time**: 10.30am-3.30pm

## Wednesday 18th August

**Start it Right Project** Digital media project (Day 2) **Time**: 10am-4pm

**Turf ‘Art Press’** Art workshop **Time:** 5-6.30pm

**Book your place by signing up at: talkofftherecord.org/whats-on**

*For info on all our support services for young people, see our website* [*www.talkofftherecord.org*](http://www.talkofftherecord.org/)

## Tuesday 24th August

**Mindfulness Walk** Beddington Park **Time**: 3pm

# Moving to Secondary School

Online workshop for year 6 children moving to secondary. **Time**: 1pm

## Wednesday 25th August

**Turf ‘Art Press’** Art workshop **Time:** 5-6.30pm

**The Wilderness** Historical garden space **Time:** 10am-4pm

**Thursday 26th August**

# Helping your child prepare for secondary school

Online workshop for parents

**Time**: 11am