



www.suttonhealthandcare.nhs.uk
/childrens-services
Includes information on Health Visiting, Speech &
Language Therapy, Occupational Therapy,
Dietetics & Physiotherapy.
Children's Therapies: 020 8296 4140

You can also access information and contact details for your health visitor or school nurse and access advice FB: @suttonhealthvisiting Health visiting: 020 8770 5409 hcpadmin@sutton.gov.uk

#### Useful local FaceBook links:

**Sutton Carers Centre:** 

suttoncarerscentre

#### **Get On Downs:**

FB: GetOnDowns

**National Autistic Society- Sutton:** 

FB: NASSuttonBranch

#### One Step At A Time:

FB: onestepatatime.me

**Sutton Local Offer:** 

FB: sutton.localoffer

#### **SEN Parents-Sutton:**

FB: senparentssutton - closed group

PlayWise Learning CIC:

playwise.learning

## COGNUS: Cognus NO LIMITS ON LEARNING

Cognus provides support to families, children and young people so that they can access, enjoy and thrive in educational settings, school and in the community.

Services include:

**Autism and Social Communication** Early Intervention and Identification Early Years (including SEND) **Educational Psychology Elective Home Education** Occupational Therapy Safeguarding **School Admissions School Exclusion** Sensory Impairment Support **SEN Support** Speech and Language Therapy **Sutton Music Service** Travel Assistance (Transport) **Traveller Education** Virtual School

> 020 8323 0450 enquiries@cognus.org.uk www.cognus.org.uk



# INFORMATION GUIDE FOLLLOWING YOUR CHILD'S DIAGNOSIS

This list is not exhaustive but each service will be able to signpost you on to more specific groups/ intervention as required





#### /HERE DO I GO NEXT?

It can be confusing, a little overwhelming and even scary when your child first gets a diagnosis. Even if you suspected what the diagnosis might be, hearing a medical professional confirm it can be difficult to get your head round. This leaflet is here to help guide you through local services and signpost you to community, voluntary and statutory services for your young child into the world of Special Education Needs & Disability (SEND)

## PLAYWISE LEARNING CIC



PlayWise is a not-for-profit organisation that supports families with a young disabled child or children who are not meeting their developmental milestones. PlayWise offers interventions in the home to support a child's learning, play, language, sensory & self help including;

#### Portage & PIP

(Portage Intervention Plus) We offer services in the community; **PlayWise Community Hub Community Groups Community Trips and Events Workshops and Training** We also offer services to nurseries

and schools to support inclusion; www.playwise.org.uk/ info@playwise.org.uk



### STATUTORY AND VOLUNTARY



#### **Sutton Local Offer:**

Provides information on the education, health and social care support services available in the borough for children

www.sutton.gov.uk/info/200611/suttons\_local\_offer

#### **Sutton Parent Carer Forum:**

Work locally to improve services including health, leisure, social care and education for children and young people with SEND. They arrange events, focus groups, workshops and surgeries & 1:1 advice/support www.suttonparentsforum.org.uk/

#### **Sutton Carer Centre:**

Provides flexible support for parents/ carers of SEND children with a range of workshops, advice and guidance, interventions and support groups www.suttoncarerscentre.org/

#### **Early Help:**

Supporting families in the context of family, community who are experiencing difficulties. www.sutton.gov.uk/homepage/1203/early\_help

#### SIASS:

Sutton Information Advice and Support Service, provides confidential, impartial, information, advice and support to parents/carers, children and young people on special educational needs and disability (SEND) www.siass.co.uk