

Exploring science through art and local culture

Request for workshop leader: Nature and Wellbeing Workshops - Sutton's Hidden Worlds, Sutton STEAMs Ahead

What: an individual or group to run four workshops: two for young people

with special educational needs and disabilities (SEND); and two for

newly arrived groups

Where: Wallington Library, London Borough of Sutton
When: Between 1 November 2023 and 31 January 2024

Who: An individual or group experienced in leading gardening and nature

workshops

Fees & Benefits: Max. available funding £1355, excl. VAT

How: Application submission for this opportunity will be via email

Deadline: 10am on 16 October 2023

As part of <u>Sutton STEAMs Ahead 2023</u>, the London Borough of Sutton has developed an exciting new opportunity for a workshop leader experienced in leading gardening and nature workshops to run four workshops between 1 November 2023 and 31 January 2024. *Sutton's Hidden Worlds* uncovers the hidden worlds of Sutton's environment, encouraging people to connect with nature through creative workshops. These workshops aim to improve feelings of connection to place; enhance wellbeing; and develop understanding of nature for the workshop participants. *Hidden Worlds* will show how nature surrounds us, and can be enjoyed in unexpected places and times – in the depths of winter, or inside a library.

Workshops should involve gardening activities and learning more about nature. The workshops will take place in and around Wallington Library. They could centre around how to prepare winter gardens for spring including visits to Wallington Library gardens or local parks; or focus on how to bring nature inside, through teaching people about houseplants or developing skills through teaching about propagating plants, or making terrariums. Community engagement is central to these workshops, and workshops will be targeted towards two groups: young people with SEND; and newly arrived groups. We would ask you to consider in your application how you might tailor the workshops for these groups.

Background

Sutton's Hidden Worlds has been made possible by Culture Nature, an exciting new project designed to support people to connect with nature through their local libraries. Culture Nature is funded by Natural England and Libraries Connected, and is being delivered this year by libraries in six different regions across England.

These workshops are part of the wider **Sutton STEAMs Ahead** project which has been made possible through a Mayor of London Cultural Impact Award. Cultural Impact Awards are part of the Mayor of London's wider London Borough of Culture programme. Sutton STEAMs Ahead uniquely blends arts and science and was initially inspired by the ground breaking work

taking place in Sutton at The London Cancer Hub (LCH).

What to submit

You should submit a quote, a proposal and your CV. Your quote should provide detailed information regarding preparation time, workshop delivery, and materials needed for the workshops.

Proposals outlining your workshop ideas should be submitted in one document, max. 800 words. This document can also include images, hyperlinks to web pages, YouTube videos or other helpful references. Alternatively a link to a max. 8 min video or audio recording can be submitted. Please also send us your CV summarising relevant experience (max. 3 pages), as a PDF.

We are looking for proposals that consider the following:

- Your key ideas for these workshops, including where they would take place (in or around Wallington Library)
- How the events can be inclusive, and suitable for the two target audiences: young people with SEND; and newly arrived groups
- Outline how your workshops might: improve feelings of connection to place; enhance wellbeing; and develop understanding of nature for the workshop participants.

Please submit applications to suttonsteamsahead@sutton.gov.uk by 10am on 16 October 2023. Please send any questions ahead of the deadline to the same address.

Summary of Expectations & Outputs

Workshop leaders	 Supply workshop information such as: dates, insurance, risk assessment etc by 31 October Provide adequate public liability insurance for the event Ensure the event is as inclusive and accessible as possible Collect feedback forms from participants and provide attendee numbers as part of the overall project evaluation Fill out a feedback form for the project evaluation.
London Borough of Sutton (LBS)	 Provide a fee of max. £1355 excl VAT, to cover workshop delivery, preparation, materials Support in promoting the event to the relevant community groups Contribute towards some access support costs if required Advise on the venue of Wallington Library as needed Support with volunteers helping with the workshops, where required and as capacity allows.