

Extra Care Sheltered Housing in Sutton



Information for
older people in
Sutton who have
a care or support
need and who
need to move
to more suitable
housing

Extra Care Sheltered Housing is housing with care and support available on the same site.

If you need care or support *and* you need to move to more suitable housing, Extra Care Sheltered Housing may be right for you.

This leaflet explains more about Extra Care Sheltered Housing for Older People in Sutton.

Who is Extra Care Housing for?

Extra Care Sheltered Housing is designed for people who:

- Are at least 55 years old (60 in some schemes)
- Have a housing need and have been accepted on to the Council's Housing Register, *and*
- Require care or support

The priority consideration is that moving into an Extra Care Sheltered Housing scheme could help you to stay as independent as possible.

What is provided?

Housing:

- You will live in a self-contained flat
- Flats are situated in two or three floor buildings with security and safety features such as door entry systems to the main door
- There are lifts, and if required, assisted bathing facilities
- Shared facilities include laundry rooms, living rooms (some with dining rooms), guest rooms and gardens
- Flats are unfurnished. You will need to supply all essential items including carpets, curtains, furniture and kitchen equipment

Support:

A Sheltered Housing Officer or Court Manager works at each scheme. They are usually available during office hours from Monday to Friday. They:

- Oversee the day-to-day running of the scheme
- Report and monitor any maintenance work

Your Sheltered Housing Officer/Court Manager will also provide you with support. They can:

- Assist you to settle in
- Link you to local health, support and leisure services
- Help you to set up on-site social activities
- Provide advice and support with any housing related issues

Community Alarm Service:

If you have a problem when staff are unavailable, you can get support and help 24 hours a day, 7 days a week via an alarm call centre. Staff in the call centre will contact other people on your behalf, for example medical services or your family. The call centre can also contact the on-site care team if you have an urgent unplanned care need.

Care:

Your care and support needs can be met by the on-site care team. Care and support can be available from 7.00am until 11.00pm during the week and at weekends. Belsize Court and Cloverdale Court also have a member of the care team providing waking night cover.

The amount of care and support you need will be set out in your agreed Support Plan. The care team will then agree with you how your care and support will be delivered, for example how often carers will visit each day, for how long, and at what times.

Some of your care and support needs may already be met by your family or friends. If you prefer, you can continue this arrangement in Extra Care Sheltered Housing. People with care needs living in Extra Care housing also have the option of having a Direct Payment and arranging their own care and support.

Other Services:

Some additional services such as lunchtime meals or an on-site day care service are available. Please see individual scheme leaflets for more details.

What will I need to pay?

- You will pay rent to the housing provider for your flat
- You will also pay a service charge with your rent. Depending on the scheme this could cover some fuel charges, and the cleaning and maintenance of shared areas and gardens
- You are responsible for paying your own Council Tax
- If you are on a lower income you may be eligible for Housing Benefit and/or a Council Tax rebate
- You may need to contribute towards the support provided at the scheme, the alarm call service and the care that you receive, but only after an individual assessment by the Council of your ability to pay. (See our leaflet '*Charges for Social Care Services*' for more details)

What is available in Sutton?

There are currently two Extra Care Sheltered Housing schemes for older people in Sutton. (For more information, please see individual scheme leaflets).

- Belsize Court, 18 Burnell Road, Sutton SM1 4BH
- Cloverdale Court, 10-14 Stanley Parkoad, Wallington SM6 OEU

To find out more:

If you are interested in applying for Extra Care Sheltered Housing, you can contact:

- the Housing Centre on 020 8770 5800 *or*
- First Contact on 020 8770 6080

You will need to make a housing application.

You will also need to have a social care assessment by Social Services.

This will need to show that you have a significant need for care and/or support. (See our leaflet '*Fair Access to Social Care in Sutton*' for more information).

**If you need a translation of any part of this document please
telephone 020 8770 6080**