

London Borough of Sutton

# The Specialist Health Team for People with Learning Disabilities

## Inspection summary

CQC carried out an inspection of this care service on 23 May 2019. This is a summary of what we found.

Overall rating for this service	Good ●
Is the service safe?	Good ●
Is the service effective?	Good ●
Is the service caring?	Good ●
Is the service responsive?	Good ●
Is the service well-led?	Good ●

### About the service:

The Specialist Health Team for People with Learning Disabilities is made up of staff from a range of health care professions, including nurses, speech and language therapists, physiotherapists, psychologists and behavioural analysts and music and drama therapists. The service aims to reduce health inequalities for people with learning disabilities in the London Borough of Sutton and improve their quality of life. The service works directly with people and also with professionals within GP practices, hospitals and care homes to improve the way they support people with learning disabilities. At the time of our inspection over 200 people were using the service.

The service is registered for 'treatment of disease, disorder and injury' because healthcare professionals treat people with learning disabilities in their own homes or within care homes.

### People's experience of using this service:

People, relatives and health and social care professionals were positive about the support people received from the provider. People and relatives told us staff were caring, understood people's needs and were well-trained. Social care professionals told us the service worked well in partnership with them and met the needs of individuals well.

People were provided with the support and interventions they required to take greater control of their lives and become more independent, reduce social isolation, make informed decisions and have greater access to health care services.

Staff were experts in their fields who understood their roles, worked well as a team and felt well supported by the provider. Staff received the training they needed to maintain their professional registrations.

People, relatives, professionals and staff found the service to be well managed and our inspection findings supported this. However, the person registered with us as manager was no longer in post. The service was about to be restructured and the provider told us a new manager would register with us as soon as possible. The service received consistency of day to day management from two team managers since our last inspection.

People were safeguarded from abuse and the service supported safeguarding referrals and investigations regarding people using the service and other providers.

The provider checked they recruited only staff who were suitable to work with people with learning disabilities and there were enough staff to support people.

Staff supported people in line with the Mental Capacity Act when they suspected they lacked capacity to make decisions relating to their treatment.

A process was in place to investigate and respond to concerns or complaints.

Rating at last inspection:

The last inspection of this service by CQC was on 20 October 2016 and we rated the service Good.

Why we inspected:

This was a planned inspection in line with our inspection schedule based on rating at our last inspection.

Follow up:

We will continue to monitor the service through the information we receive. We will inspect in line with our inspection programme or sooner if required.

For more details, please see the full report which is on the CQC website at [www.cqc.org.uk](http://www.cqc.org.uk).

You can ask your care service for the full report, or find it on our website at [www.cqc.org.uk](http://www.cqc.org.uk) or by telephoning **03000 616161**