



**KEEP
SUTTON
SAFE**



NHS
Test and Trace

COVID SYMPTOMS? FOR A TEST, VISIT

nhs.uk/coronavirus
OR CALL 119

New rapid tests are also available for people without symptoms who are unable to work from home. Visit sutton.gov.uk/communitytesting to book your rapid test.

Protect your friends and family

Free rapid testing is now available for people with no symptoms, who are unable to work from home.

Infection rates across the whole of our borough are currently very high. 1 in 3 people with COVID-19 will have no symptoms and can spread the virus without realising.

WHETHER OR NOT YOU HAVE SYMPTOMS, GETTING TESTED WILL HELP US STOP THE SPREAD OF COVID-19.

People who don't have any COVID-19 symptoms, who are unable to work from home can now book a rapid test (lateral flow test). The rapid test gives a result in 40 minutes. Please book regular rapid tests if you are unable to work from home, to help stop the spread of the virus.

These tests can only look for the virus **at the time you have your test**. Even if you test negative, you must continue to observe the COVID-19 restrictions for London.

If you **DO NOT** have symptoms you should book your test at sutton.gov.uk/communitytesting

If you have symptoms you should book a test by visiting nhs.uk/coronavirus or calling 119

Support available for you

If you need support during this time, there are organisations in Sutton that can support you. For advice and support on a wide range of issues including support if you need to self-isolate, visit sutton.gov.uk/covid-19/support-available-for-you or call **020 8770 5000, option 6**.

TIER 4 – STAY AT HOME



HANDS
20 SECONDS



FACE



SPACE
2 METRES

For the latest government advice visit gov.uk/coronavirus

PLEASE PASS ON THIS MESSAGE TO PROTECT OUR COMMUNITY

