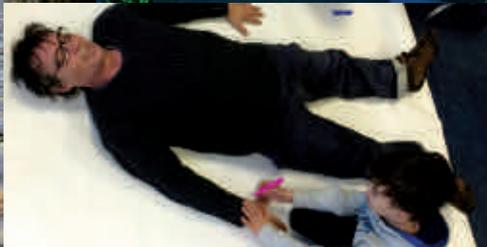


EMPOWERING BOYS TO REACH THEIR FULL POTENTIAL



**MAN
&BOY**

WHAT WE DO

Provide fun and engaging activities for boys and a father figure, to build strong, positive and nourishing relationships. Through these activities we aim to support and encourage men in their role as mentors and to raise self-esteem in men & boys. Our hope is that boys will be empowered to strive to reach their full potential in school, in work, and in the family, and contribute positively to their communities.



MAN&BOY has 3 distinct steps and is designed so that men and boys progress from one to the other.

1 **MAN&BOY Adventure weekends provide a variety of indoor and outdoor activities designed to build trust and confidence through working together.** Up to 10 families camp (or in winter, stay in log-cabins) and take part in adventure activities, such as archery, high ropes courses and raft building as well as learning camp skills. We aim to have fun whilst supporting the families to strengthen their relationships in an atmosphere of praise and encouragement.

2 **Relationship building courses are run over 6 consecutive weekends.** Each session lasts about 2 hours and combines an adventure activity, such as climbing, alongside relationship skills training. Usually held on a Sunday, the first half of each session takes the families through a number of relationship topics such as communication, boundaries, saying sorry, etc in a fun and engaging style. The second half of each session provides an opportunity for families to learn a very practical skill together, such as climbing, building trust and confidence in each other. We hope the course will build memories and stimulate positive changes to their relationships.



WHERE WE WORK

The charity is currently based in Kingston, south west London and accepts referrals for families living within a reasonable travelling distance from here. These include Kingston, Merton, Sutton, Richmond and parts of Surrey. We plan to extend our service to other areas in the near future so please contact us to find out whether there is a MAN&BOY near you!



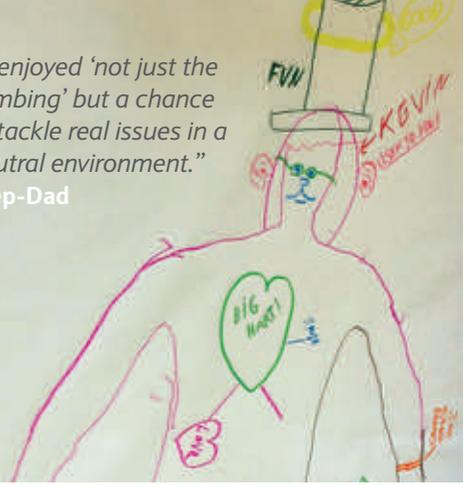
3 **Further on-going support and activities** are offered to the men and boys throughout the year by providing a number of shorter outings and events to which they can attend.

WHO CAN REFER

Referrals are most commonly made by, schoolteachers, children & family services, SENCO's, police and other local agencies working alongside the family or child. We also accept direct applications through self-referral where the criteria are met (see: who can attend). Places are considered on a first come, first served basis and awarded according to criteria, need and available funding.

"I enjoyed 'not just the climbing' but a chance to tackle real issues in a neutral environment."

Step-Dad



WHO CAN ATTEND

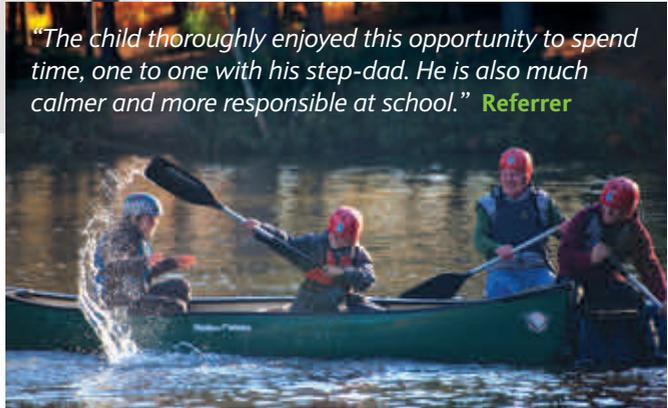
Our focus is boys aged between 9 and 12 who are Struggling with life, and a referrer believes that some time spent with a significant male mentor (dad, step-dad, uncle, grand-dad, etc.) is likely to increase their self-esteem and thus improve his life chances. It is crucial that the male mentor is willing to provide that on-going positive influence in the boy's life. We particularly welcome referrals of boys who are from disadvantaged or disengaged families.



HOW DO I APPLY?

Simply complete the application form attached in full and send to the address shown overleaf. Alternatively, visit the MAN&BOY website and complete an on-line application form. Once the application has been received, a member of the MAN&BOY team will make contact with the parent/carer and arrange to visit them and answer any questions they may have.

"The child thoroughly enjoyed this opportunity to spend time, one to one with his step-dad. He is also much calmer and more responsible at school." Referrer



HOW MUCH DOES IT COST?

MAN&BOY is free for families and therefore relies on funding to deliver its programme. Where possible we ask referral agencies to make a contribution towards costs.

www.manandboy.org

Please complete this application for consideration to be included in the next available event.

PARENT/CARER

Name	
Relationship to boy	
Address	
	Postcode
Telephone Number	

- Consent given for this referral? (please tick)
- Man aware of referral requirements? (please tick)

BOY'S INFORMATION

Name	
Date of birth	
School	Year group

MAN'S INFORMATION (if different to Parent/carer)

Name
Relationship to boy
Tel No (if different to Parent/carer)
Email



To be completed by Recommender/Referrer

(i.e. teacher, support worker) or Guardian if Self-referral;

Referrer's Name
Relationship to MAN/BOY
Telephone Number
Email
Reason for recommendation: Briefly explain the man and boy's circumstances and how participation would be of benefit.

Costs

Where possible, a contribution from referral agencies of £100 is suggested. There is no cost to the man and boy, however, we do ask for a refundable £20 deposit [from the family] to secure their places. We have to do this as each man and boy space costs £500 and funding is provided through our individual supporters donations, grants from trusts, local authority pre-purchased spaces and contributions from the referral agencies.

Contribution YES / NO	Amount £
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Cheque Enclosed Cheques should be made payable to: MAN&BOY

BACS payment To: MAN&BOY, sort code 08 92 99 Acc no: 65637418
Please add the boys name as a reference on the BACS payment

Please send this application form with any contribution to the address below:

MAN&BOY, Suite 1, 444 Ewell Road, Surbiton, Surrey KT6 7EL. Should the application be unsuccessful the contribution would be refunded straight away. Please contact us if an invoice is required.

OR use the on-line application form: manandboy.org/further-info/application-form/

WHAT PEOPLE SAY ABOUT MAN&BOY

"The chance to encourage him and praise him in new ventures and help inspire him for any new activities for the future."

Step-Dad

"It helped me have more 1 & 1 time without us butting heads. We listened more to each other and just basically had more fun."

Dad

"Me and my sons relationship is real good, we make each other laugh and find each other funny, plus he listens to my advice about his schooling. The first steps made were when we came on the great weekend we had with you, thank you."

Dad

"This course has been great for me and my nephew. We have moved to another level. It has also been nice to meet the rest of the lads on the course. Thanks very much for this opportunity."

Uncle

MAN &BOY

"My husband and son enjoyed MAN&BOY very much, they had great time and my son came back with a lot of difference in him, in good way by the way. I wish there were more things like this for children and adults to build there relationship stronger. Many thanks for all you have done for our family."

Mother

TO FIND OUT MORE

Telephone: 078 9408 4234

Email: info@manandboy.org

www.manandboy.org

