

to join the group



call **Gracie**



01322 619707



Action Voices speaking up for young people with disabilities in Sutton

having a voice



www.advocacyforall.org.uk/self-advocacy-groups/sutton-groups



groups@advocacyforall.org.uk

We meet twice a month on Wednesdays



I like football
I like being helpful
to staff and group
members
I like to tell jokes
Dennis



respect

You may call it a
disability I call it
my life

Mark



What do we do?

- group discussions
- learn how to speak up
- be confident
- drama, dance, music and exercise
- drumming sessions
- social events like bowling, going to the pub and games
- independent travel training
- mystery shopping



having fun

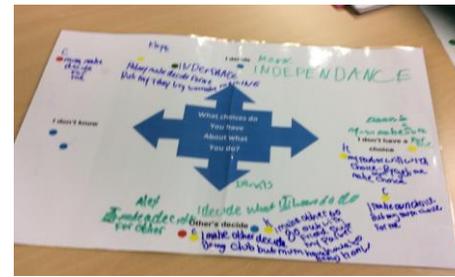


I am a happy person
I like to help others
I enjoy going out with
my friends

Alex

You have a voice. What you say matters!

- Action Voices speak up to the council
- you can help make important changes to make life better for young people with disabilities
- join us to speak up and have fun



inclusion



I am very keen to help people. I like to teach and do new things with the young people's group. I like to be helpful.

Claude

belonging

Who do we work with?

Young people aged 12 to 25 with learning disabilities